



## N. S. PUBLIC SCHOOL, NOIDA

### CIRCULAR

**This is to inform you that as you all know that Coronavirus is spreading very rapidly, please tell your ward to take following precautions:-**

1. Clean your hands frequently with soap and water and keep your hands sanitized.
2. Wear a mask if you suffer from running nose, headache, fever, cough or any respiratory problem.
3. Maintain distance between yourself and anyone who is coughing or sneezing.
4. Eat healthy, hygienic and cooked food.
5. Stay at home if you begin to feel unwell, even with mild symptoms such as headache and slight runny nose.
6. Drink enough water and liquids to keep your lungs safe and healthy.
7. Seek early medical help if you have a fever, cough and difficulty breathing.

Regards

